

VCU *Institute for* Women's Health

V i r g i n i a C o m m o n w e a l t h U n i v e r s i t y

A National Center of Excellence
Designated by the U.S. Department of Health and Human Services

and



Speaking of Women's Health

7th Annual

Women's Health 2006: Translating Research Into Practice

**Friday - Sunday, April 21–23, 2006
Norfolk Marriott Waterside
Norfolk, Virginia**



WOMEN'S HEALTH 2006: TRANSLATING RESEARCH INTO PRACTICE

Friday, April 21st

AM

8:00 Challenges in Translating Research into Practice
Rosaly Correa, MD, PhD, MS
Agency for Healthcare Research & Quality

8:30 Mental Health & Minority Women: Stigma & Myth
Annelle Primm, MD, MPH
Johns Hopkins School of Medicine

9:20 Dietary & Botanical Supplements in Women's Health: Show Me the Evidence
Stacie Geller, PhD, MPA
University of Illinois at Chicago

10:10 Break

10:30 The Care of Adolescent Girls
Michael Resnick, PhD
University of Minnesota School of Medicine

11:20 Oral Contraceptives: An Evidence Based Approach
David Grimes, MD
University of North Carolina School of Medicine

12:10 National Speaking of Women's Health Foundation Luncheon

1:10 The Trudy Bush Lecture
HRT: Making Sense of The Evidence
JoAnn Manson, MD, PhD, MPH
Harvard Medical School

2:10 Current Approaches to Female Sexual Health
Catherine Nichols, MD
VCU School of Medicine

3:00 Break

3:20 Gender and Coronary Disease:
Getting to the Heart of the Matter
Pam Ouyang, MD
Johns Hopkins School of Medicine

4:10 Rheumatic Diseases in Women: Recent Advances
Abby Goulder Abelson, MD, FACR
Cleveland Clinic

5:00 Adjourn
Yoga (optional) – Energize & refresh at day's end
open to all registrants

Saturday, April 22nd

AM

7:00 Yoga (optional) – embrace the day with yoga

8:00 Human Breast Milk: What the Research Tells Us
Stephen Buescher, MD
Eastern Virginia Medical School

8:50 Headaches in Women: Mechanisms & Management
Elizabeth Loder, MD
Harvard Medical School

9:40 Break

10:00 Gender & Blood Pressure
Suzanne Oparil, MD
University of Alabama School of Medicine

10:50 Cognition in the Aging Woman
David Geldmacher, MD
University of Virginia Health System

11:40 Adjuvant Chemotherapy in Breast Cancer:
An Update
Sandra Swain, MD
National Cancer Institute

PM

12:30 National Speaking of Women's Health Foundation Luncheon

1:30-4:30 Special alternative session (limited enrollment)

Practicum: Hands-On Skills Training for the experienced clinician

Theresa Thomas Professional Skills Training Center
Eastern Virginia Medical School

Breast/pelvic exams & interviewing skills using surrogate patients

Bone Health Symposium

1:30 Clinical Utility of Antiresorptive & Anabolic Therapies
John Bilezikian, MD
Columbia University College of Physicians & Surgeons

2:20 Osteoporosis & the Promise of Genetics
Eric Orwoll, MD
Oregon Health Sciences University Center of Excellence

3:10 Break

3:35 All But Invisible: Secondary Causes of Osteoporosis
Theresa Guise, MD
University of Virginia Health Systems

4:25 What Do I Do With This Bone Density Report?
Diane Biskobing, MD
VCU School of Medicine

5:15 Adjourn

5:30 Yoga (optional) – refresh at day's end - open to all registrants



Sunday, April 23rd

AM

- 7:00** Yoga (optional) - embrace the day with yoga
- 8:00** New Findings in Female Genital Tract Infections
Michael Rein, MD
University of Virginia Health Systems
- 8:50** Perimenopausal Depression: Emerging Concepts
Peter Schmidt, MD
National Institute of Mental Health
- 9:40** Break
- 10:00** The Health of Immigrant Women
Michelle David, MD, MPH, MBA
Boston University Center
- 10:50** The Women's Health Initiative: What Has It Taught Us About Disease Prevention in Older Women?
Jacques Rossouw, MD
National Heart Lung & Blood Institute
- 11:40** Medical Complications in Pregnancy
Tom Peng, MD
VCU School of Medicine
- 12:30** Adjourn

PRACTICUM: HANDS-ON SKILLS TRAINING for the EXPERIENCED CLINICIAN (Saturday alternative session)

Shuttle bus to the Theresa Thomas Professional Skills Teaching & Assessment Center at Eastern Virginia Medical School for **interactive hands-on sessions** for the experienced clinician. These sessions are designed to **enhance clinical skills**, including **interviewing, physical examination techniques**, and communication skill, by working with Standardized Patients & Genital Teaching Associates (GTA). Using their own bodies as the teaching model, GTAs allow you to enhance techniques in performing a comprehensive examination. Learn special techniques for examining the adolescent, obese & geriatric patients. Skills are further refined with computerized feedback.

For all sessions, you will perform the interview or examination with individualized and immediate feedback from the Standardized Patients. These sessions are interactive – there are no lectures.

There are four content areas -you may do all four or select among them:

- Breast Examination
- Pelvic Examination
- Psychiatric Interviews for Primary Care (PIPC) - **experience** how to organize psychiatric knowledge into a clinically useful matrix while **practicing** the psychiatric interview
- Dysfunctional Uterine Bleeding in the menopausal women – refine your history taking & assess your diagnostic acumen.



Course Director:

Wendy Klein, MD, FACP

Associate Professor of Medicine & Obstetrics Gynecology
Senior Deputy Director
VCU Institute for Women's Health

Abby Abelson, MD, FACR

Department of Rheumatic & Immunologic Diseases
Cleveland Clinic

Diane Biskobing, MD

Associate Professor of Endocrinology
Virginia Commonwealth University School of Medicine

Stephen Buescher, MD

Professor of Pediatrics
Eastern Virginia Medical School

John Bilezikian, MD

Professor of Endocrinology & Pharmacology
Columbia University College of Physicians & Surgeons

Rosaly Correa, MD, MSc, PhD

Director, Women's Health & Gender Based Research
Agency for Healthcare Research & Quality

Michele David, MD, MPH, MBA

Assistant Professor of Medicine & Preventive Medicine
Boston University Medical Center

David Geldmacher, MD

Associate Professor of Neurology
University of Virginia Health System

Stacie Geller, PhD

Associate Professor of Obstetrics Gynecology
University of Illinois at Chicago
Director, UIC Center of Excellence in Women's Health

David Grimes, MD

Professor of Obstetrics Gynecology
University of North Carolina

Therese Guise, MD

Professor of Endocrinology
University of Virginia Health System

Elizabeth Loder, MD

Assistant Professor of Neurology
Harvard Medical School

JoAnn Manson, MD, DrPH

Professor of Medicine & Chief Division of Preventive Medicine
Brigham & Women's Hospital
Harvard Medical School

Catherine Nichols, MD

Assistant Professor of Obstetrics Gynecology
Division of Urogynecology
Virginia Commonwealth University School of Medicine

Suzanne Oparil, MD

Professor of Medicine, Physiology & Biophysics
University of Alabama School of Medicine

Eric Orwoll, MD

Professor of Medicine & Program Director
General Clinical Research Center
Oregon Health & Science University

Pamela Ouyang, MD, FACC

Professor of Medicine
Division of Cardiology
Johns Hopkins School of Medicine

Thomas Peng, MD

Professor of Obstetrics Gynecology
Division of Maternal-Fetal Medicine
Virginia Commonwealth University School of Medicine

Annelle Primm, MD, MPH

Associate Professor of Psychiatry
Johns Hopkins School of Medicine
Director, Minority and National Affairs
American Psychiatric Association

Michael Rein, MD

Professor of Medicine
Division of Infectious Diseases
University of Virginia Health System

Jacques Rossouw, MD

Project Officer
Women's Health Initiative
NHLBI/NIH

Michael Resnick, PhD

Professor of Pediatrics & Adolescent Health
University of Minnesota School of Medicine

Peter Schmidt, MD

Chief, Reproductive Endocrine Studies Unit
NIMH/NIH

Sandra Swain, MD

Branch Chief
Cancer Therapeutics Branch
National Cancer Institute/NIH

Nancy Tatum, MS, CMT

Glenmore Yoga & Wellness Center

COURSE DESCRIPTION

This program is designed to provide physicians, nurses and other healthcare professionals with a broad range of topics relevant to women's health across the lifespan. Educational objectives will be met through didactic presentations, with ample time for questions and answers, as well as informal exchange. A comprehensive course syllabus is provided to all registrants.

COURSE OBJECTIVES

- Utilize evidence-based approaches to address common ambulatory problems across a woman's lifespan
- Explain the health needs of special female populations including adolescents, aging women, ethnic minorities and immigrant women
- Describe recent advances relevant to the care of women in cardiovascular disease, rheumatic disease, breast cancer, sexual health, and mental health
- Describe state of the art approaches to the diagnosis and management of osteoporosis
- Explain current approaches to medical problems in pregnancy
- Utilize an evidence-based approach with the use of dietary and botanical supplements
- Describe new developments in the management of menopause, the role for hormone therapy and the implications of the WHI

ACCREDITATION

This activity is jointly sponsored by the Medical Education Collaborative (MEC) & the VCU Institute for Women's Health. It has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education. MEC is accredited by the ACCME to provide continuing medical education for physicians and allied health professionals.

Medical Education Collaborative designates this education activity for a maximum of **19.25 category 1 CME credits** towards the **AMA Physician's Recognition Award**. Each physician should claim only those credits that he/she actually spent in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

This program has been approved for **22.6 contact hours** of continuing education for RNs, LPNs, LVNs and NPs, including **16.2 pharmacology** hours. This program is cosponsored by Medical Education Collaborative, Inc. (MEC) and the VCU IWH. MEC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission (ANCC) on Accreditation.

This activity jointly sponsored by Medical Education Collaborative and VCU Institute for Women's Health.



CONFERENCE SITE & ACCOMMODATIONS

NORFOLK

In the heart of the historic district, just steps from the vibrant and revitalized waterfront, immerse yourself in one of America's most important port cities. Enjoy the free downtown bus loop for sightseeing & shopping.

- **Nauticus** is a spectacular maritime-themed science center featuring hands-on exhibits, interactive theaters, aquaria, & digital high-definition films
- **USS Wisconsin** is berthed at Nauticus, the Battleship Wisconsin is one of the largest and last battleships ever built by the U.S. Navy. Explore its deck through a self-guided or audio tour that will take you back in time to experience this majestic ship that earned five battle stars during World War II
- **Chrysler Museum of Art** combines one of America's great fine arts museums and two significant historic houses from the 1790's. The Museum houses art from five centuries, including magnificent collections of American, European & decorative art
- **Virginia Beach** with its 3 mile oceanfront boardwalk, is a 25 minute ride from the conference hotel
- **MacArthur Center** has Nordstrom's & 3 levels of endless shopping

HOTEL RESERVATIONS

A block of rooms is being held at the **Norfolk Waterside Marriott**, 235 East Main Street, in Norfolk, Virginia. In the heart of the historic district, just steps from the vibrant waterfront, this award-winning Norfolk hotel provides an exceptional location to immerse yourself in one of America's most important port cities. You'll be within walking distance of museums, shopping, dining, and loads of attractions, and within only 8 miles from Norfolk International Airport.

The cutoff date for reservations is **April 1, 2006** Any room reserved by this time will be available at the conference rate of **\$129.00 plus 8.5% sales tax for single or double occupancy, plus parking**. To make reservations call the Norfolk Waterside Marriott Hotel at **800-228-9290 or 757-627-4200**. Be sure to mention that you are attending the Medical Conference on Women's Health 2006 to receive the conference rate.

For online reservations, go to

www.stayatmarriott.com/womenshealth2006



VCU Institute for Women's Health

Virginia Commonwealth University

A National Center of Excellence
Designated by the U.S. Department of Health and Human Services

The VCU Institute for Women's Health is one of only 20 National Centers of Excellence in Women's Health designated by the Department of Health & Human Services. The Institute coordinates VCU's resources in women's health by building collaborative relationships within the university and throughout the region to improve clinical care, health education, leadership development, & research in women's health.

Please visit our website at
www.womenshealth.vcu.edu



Speaking of Women's Health

The National Speaking of Women's Health Foundation hosts more than 40 conferences nationwide, with a unique approach combining health education with entertainment. For 10 years, SWH has worked with hospitals and organizations at a grassroots level to educate women to make informed decisions about their health, well-being and personal safety. In its mission to improve women's health, SWH includes outreach programs for diverse women, community events, and innovative partnerships to support professional education.

Co-sponsored by

Journal of Women's Health

CONFERENCE REGISTRATION FORM

Women's Health 2006: Translating Research into Practice **April 21-23, 2006, Norfolk, Virginia**

Please print clearly

Name: _____
First: _____ MI: _____ Last: _____ Degree: _____

Affiliation: _____

Address: _____

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Please return completed form with payment to:

Women's Health 2006
c/o Ray Foster
PO Box 980452
Richmond VA 23298

REGISTRATION BY FAX 804-828-5566

accepted with credit card payment only.
If you have registered by fax, please do not mail this form.

REGISTRATION FEES

- ☐ \$395.00 Physicians
- ☐ \$310.00 Nurses & Allied Health Professionals
- ☐ \$65.00 to attend Hands On Skills Training
(includes bus)

TOTAL FEE ENCLOSED \$ _____

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Payment may be made by US check (US dollars on a US bank)
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Cancellations received in writing before
April 7, 2006 will be refunded less a \$50 administrative fee.
No refunds will be made after that date.

VCU is an Equal Opportunity/Affirmative Action University employer. If special accommodations are needed please contact Donna Cantrell at 804-837-7377.